

Timetable – September 2026

Grove House Nursery School and Children's Centre

“Together we grow, learn and develop”



How to find us

Grove House Children's Centre is located at

77A North Road, Southall UB12JL

By bus: 207, 195, 427 and 607

By car: There is limited parking on surrounding residential roads. Check signs before parking for current parking restrictions.

Email: Kamaljit.chagger@grovehousecc.com

Tel: 0208 5710878 or 07522 855528

At Grove House Children's Centre, families and parents can access a range of services to support health, employment and/or further education including opportunities for training.

We also offer a weekly range of fun activities for children, all of which are free of charge.

Our Children's Centre practitioner **Kamaljit Chagger** is on hand regularly for advice, support and guidance on a variety of topics, and can refer you to relevant agencies for further help and support should you require it.

Scan this QR code to visit the [Ealing Family Service Directory](#)



Scan this QR code to visit our [Facebook page](#)



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Monday	Tuesday	Wednesday	Thursday	Friday	Information
Infant massage 0 to 10 months 9:30am to 10:30am  Infant massage is a 4-week programme designed to enhance bonding with your baby. Learn new strokes each week for a full body massage.	Stay and play birth to 5 years 9:15am to 10:45am  A wide selection of art materials, puzzles, sensory activities, role-play, and physical toys are provided so that children can learn and play. An excellent group to meet other parents, as well as to discuss any worries or questions with the centre practitioner.	Parenting Group 3 months plus 8 week course 22 Oct to 10 Dec  Early Start Team running an Incredible year's baby group for parents of babies	Early bird plus term time only 10am to 12:30pm  The early bird program is for families with autistic children; a support initiative by the National Autistic Society (NAS).	Coffee morning term time only 9am to 10am  Friday mornings are always fun and very informal. There is lots of time to ask questions, share experiences and find out about local events and activities.	

What to expect from our sessions

International association of infant massage



Infant massage is when a parent or primary carer lovingly strokes or holds their baby. Using a high quality non-fragranced vegetable oil, soothing holds and rhythmic strokes are given on each area of baby's body, following a sequence that has been developed over many years. The massage offers a wonderful experience and a special time to communicate both verbally and non-verbally with babies, so that they feel loved, valued and respected.



Visit us on Facebook!

Find out about what's happening in your local Children's Centres and get more information about our activities and events.



Our local offer

[Find out more](#) about services available to children and young people aged 0 to 25, and families locally who are living with Special Educational Needs and Disability (SEND).



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Baby
Toddler
Childcare & Early Years
Education
School Readiness

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The Baby
Friendly Initiative