

# Grove House Nursery School and Children's Centre



## Menus for Spring / Summer 2024

## Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast
<b>Snack am/pm</b>	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers
<b>Lunch</b>	Ratatouille with pasta  Strawberries and Cream	Chicken and mushroom risotto served with peas and sweetcorn  Spiced apple and raisin muesli bars	Rajma chawal and cucumber riata  Pear and apple crumble with custard	North African fish tagine served with couscous  Greek style yoghurt with fruit to dip	Mixed vegetable pie served with gravy  Raspberry and peach cake
<b>Tea</b>	Bagels with cream cheese or fruit compote  Fruit salad with Greek style yoghurt	Warm pittas, carrot and cucumber sticks with homemade roasted aubergine dip  Berries with homemade ice cream	Sweet potato and sage rosti with tomato sauce and cucumber  Pancakes with fruit	Jacket potatoes with tuna, cheese and salad  Yoghurt and fruit smoothie	Pizza quesadillas  Oatmeal cookies with apple and carrot

***A choice of milk and water are served with all meals***