

Grove House Nursery School and Children's Centre



Menus for Spring / Summer 2023

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast
Snack am/pm	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers
Lunch	Tomato pasta with courgettes, served with sweetcorn Homemade shortbread	Chickpea and potato curry with rice served with riata Homemade strawberry cheesecake ice cream	Homemade burgers (lamb or plant-based) served in buns with homemade tomato sauce and coleslaw Melon with berries	Moroccan style chicken or plant-based chicken style pieces served with couscous Bananas and custard	Fishcakes with potato wedges and salad Apple sponge
Tea	Hummus and pea dip with wholemeal pitta and cucumber and carrot sticks Fresh banana and mango shake	Minestrone soup with brown bread Chocolate and banana cake	Savoury scones with homemade tomato sauce Lemon drizzle cake	Homemade vegetarian pizza with salad Strawberries and cream	Selection of sandwiches, with cucumber, cheese, lettuce and tomato Fresh fruit smoothie

A choice of milk and water are served with all meals