

Grove House Nursery School and Children's Centre



Menus for Spring / Summer 2024

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast
Snack am/pm	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers
Lunch	Homemade pizza with vegetable topping, served with salad Strawberry milkshake	Roast chicken or Quorn served with gravy, roast potatoes, carrots and green cabbage Fruit Cakes	Sausage served with peas, mashed potatoes and tomato sauce Peaches and ice cream	Spaghetti Bolognaise (made with lamb or plant-based mince) Banana and mango muffins	Mutter paneer or vegetable curry served with rice and raita Homemade Weetabix bars
Tea	Savoury scones with homemade tomato sauce Homemade cookies	Salmon and broccoli croquettes with salad Watermelon smoothie	Carrot and sweet potato soup served with garlic toast Chocolate, banana and avocado pudding	Chickpea fritters with a fresh vegetable dipping sauce Fruit Yoghurt	Selection of sandwiches (cucumber, cheese and tomato) Rice pudding with fruit puree

A choice of milk and water are served with all meals