

# Grove House Nursery School Children's Centre



## Menus for Spring / Summer 2024

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast	Cereal Toast
<b>Snack am/pm</b>	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers	Fruit and veg selection Crackers
<b>Lunch</b>	Vegetable curry with rice and cucumber raita  Strawberries and cream	Fish fingers, mashed potato, peas and homemade tomato ketchup  Homemade minty melon ice lollies	Lamb or plant based mince stew and dumplings, served with mashed potato and green beans  Homemade shortbread	Roast chicken or plant- based chicken style pieces with roast potatoes, gravy, broccoli and carrots.  Mini pancakes with fresh fruit	Baked macaroni cheese served with salad  Melon and mango wedges
<b>Tea</b>	Vegetable nachos with homemade salsa and guacamole dip  Fruity flapjacks	Cheese and tomato pizza muffins  Greek style Yoghurt with fruit puree	Stuffed potato skins with salad  Semolina with passion fruit	Red pepper and butternut squash soup with brown bread  Peaches and ice cream	Hummus with carrot and cucumber sticks and wholemeal pitta bread  Rice pudding

***A choice of milk and water are served with all meals***