

## This November at Windmill Park Children's Centre

At Windmill Park, families and parents can access a range of services to support health, employment and/or further education including opportunities for training. We also offer a weekly range of fun activities for children all of which are **free of charge**. We have a small car park and boast a large hall that is well utilized for all our activities!

Our Children's Centre Practitioner **Kamaljit Chagger** is on hand regularly for advice, support and guidance on a variety of topics and can refer you to relevant agencies for further help and support should you require it.

### ***10<sup>i</sup>n free TALK AND PLAY Program***

"Talk and Play" is a five-week play-based group for under 3's run by Early Years Practitioners in Ealing, supported by Speech and Language Therapists. It provides families with strategies to support their child's language and communication development.

(For Booking Call us on 020 8571 0878 or 020 8574 5310)

### **Windmill Park Children's Centre**

1 Tulip Close  
Southall  
Middlesex, UB2 4UZ.  
Tel 020 8574 5310 or 020 8571 0878  
Email [cc@grovehousecc.com](mailto:cc@grovehousecc.com)



### **Children & Families Directory**

For an online directory of information, advice and guidance to help you access services in the London Borough of Ealing visit: -  
<http://www.ealingfamiliesdirectory.org.uk>

### **Advisory Board**

Children's Centres have an Advisory Board, which meets regularly to discuss the work of the Centre. They discuss for example budgets, services, data, who uses the Centre, who should be using the Centre and are the needs of the local community being met. The Board is made up of lots of different people who live and work in our community. Most importantly, we need YOU! We need parents to attend the Advisory Board so we can hear your opinions, thoughts and views about YOUR Children's Centre.

### **Do you need support in getting back to work?**

Free job advice and planning to get back to work, support to find training, childcare and debt advice if you or a member of your family is claiming work-related benefits.

See Children's Centre staff for more information or to arrange an appointment *(To Be Confirmed)*



# Windmill Park Children's Centre Timetable – November 2024

## Monday

**Week  
Commencing  
28/10/2024**

**Action, Song &  
Rhymes with  
Marvelous  
Michele**

10.00am - 10.45am  
Birth - 5 years

**(Term time only)**



## Tuesday

**Healthy Start  
Vitamins**

Please collect your  
vitamins from **Windmill  
Park Children's Centre** if  
you have received your  
Healthy Start Vouchers  
for Women & Children

**Thursday: 8:30-11:30**  
Please call us to check  
availability.

**020 8574 5310 or  
020 8571 0878**

To find out more about  
Healthy Start Vouchers  
visit

[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)



## Wednesday

**Stay & Play  
With Kamaljit**

9.30am – 11:30am  
Birth - 5 years

**(Term time only)**

**Closed 20/11**



**Talk & Play  
with  
Kamaljit**

13:00 - 14.00

**(Booking Only)**  
**06/11, 13/11, 27/11,  
04/12 & 11/12**



## Thursday

**NHS  
Development  
Checks**

09.15am – 1.30pm  
(By Appointment Only)

**(All year round)**



## Friday

## Saturday



**Grove House  
Nursery School  
and  
Children's  
Centre**

## Sunday

**Scan our QR  
code for latest  
timetable**



**Windmill Park Children's Centre, 1 Tulip Close. Southall. Middlesex UB2 4UZ Tel: 020 8574 5310**

**See our website for more information [www.ealingfamiliesdirectory.org.uk](http://www.ealingfamiliesdirectory.org.uk)**

## Windmill Park activities

### Healthy Start Vitamins

Please collect your vitamins from **Windmill Park Children's Centre** if you have received your Healthy Start Vouchers for Women & Children

**Thursday: 8:30-11:30**

Please call us to check availability.

**020 8574 5310 or**

**020 8571 0878**

To find out more about Healthy Start Vouchers visit

[www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)



### Wednesday

#### Marvelous Michele

Birth to 5 years

Hearing and joining in with familiar songs, rhymes and jingles can be a fun activity, which helps children to tune into rhythms and sounds of a language and hear its distinctive tune. Awareness of rhyme has been linked to progress in reading later on.



### Friday

#### Stay & Play

Birth to 5 years

Play and learn sessions where parents stay, have fun with their children and become involved with their children's learning.

As your child learns, has fun and makes new friends, you can get advice on such things as health, wellbeing and schooling as well as many other concerns you may have



### Thursday

#### NHS Development Checks

If your child is aged between 8-12 months or 23-30 months, it is time to book a health and development check. It is your chance to find out about your child's development and speech and language. Find out about nutrition, toilet training, managing behaviour and immunisations. For booking please call NHS admin hub on 020 8102 5888



### Tuesday Stay & Play

*(Grove House Children's Centre)*

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As your child learns, has fun and makes new friends, you can get advice on such things as health, wellbeing and schooling as well as many other concerns you may have.



### Wednesday Talk & Play

"Talk and Play" is a five-week play-based group for under 3's run by Early Years Practitioners in Ealing, supported by Speech and Language Therapists. It provides families with strategies to support their child's language and communication development.

If you are on low income, call the Family

Information Service on 020 8825 5588 to check to see if you are eligible for 15 hours per week of free childcare for 2 year olds. You will need your NI number or National Asylum Support Service number

You can access our latest timetable using below QR Code



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**See our website for more information [www.ealingfamiliesdirectory.org.uk](http://www.ealingfamiliesdirectory.org.uk)**