

Make your own a Sensory Bottle!!!

Make a Themed Sensory Bottle With Glitter

Ingredients

- A clean, empty plastic water bottle with the label removed.
 - Superglue or sticky tape to secure the bottle lid.
 - Warm water.
 - Glitter
 - Food colouring
 - A funnel
 - Corn syrup
1. First squeeze corn syrup into an empty water bottle- Instead of corn syrup, you can use oil.
 2. Add warm water until it's about three-quarters full.
 3. Add few drops of food coloring and sprinkle in some glitter.
 4. Put the lid on the water bottle and shake to mix the ingredients.
 5. Fill the bottle to the top with water. Put the lid back on and secure it with superglue or sticky tape.



Make a Wave Sensory Bottle

1. Fill an empty water bottle about one-third full of water.
2. Add a few drops of food coloring.
3. Once the food coloring has spread throughout the water, fill the rest of the bottle with baby oil or cooking oil.
4. Secure the lid with superglue or sticky tape.



Make a "Peekaboo" Sensory Bottle With pasta or rice

1. Put a funnel in the mouth of an empty water bottle and fill it about halfway with pasta or rice.
2. Add small toys, like alphabet beads, LEGO blocks or mini erasers.
3. Fill the rest of the bottle with pasta or rice, leaving about an inch of room at the top.
4. Shake the bottle and then secure the lid with superglue or sticky tape.

